

3D PSHE Additional Units Key Stage 2

| | | | |
|----------------------------------------|-----------------|------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Relationships and Sex Education | Lesson 1 | Forming Relationships | <ul style="list-style-type: none"> • Know how and understand why close relationships are formed, especially during adolescence • Understand why friendship is important in the establishment of close relationships |
| | Lesson 2 | Sexual Relationships | <ul style="list-style-type: none"> • Know about and understand the physical, mental and emotional changes that take place during puberty • Learn about sex (and bust some myths!) |
| | Lesson 3 | Healthy Relationships | <ul style="list-style-type: none"> • Understand why friendship is important in the establishment of close relationships • Know the features of a healthy relationship |
| | Lesson 4 | Unhealthy Relationships | <ul style="list-style-type: none"> • Understand what an unhealthy relationship is and know how to deal with relationship issues |
| | Lesson 5 | Gender Issues Relationships | <ul style="list-style-type: none"> • Know about gender identities and have an awareness of transgender issues • Understand the difference between being transgender and transvestite |