

Garvestone Primary School – Physical Education Curriculum Map

Garvestone Primary School Physical Education

Curriculum Statement

At Garvestone Primary School, we believe that Physical Education and Sport has a vital role to play in the physical, social, emotional and intellectual development of children. Physical Education and Sport is important in giving children the knowledge, understanding and the tools to make informed choices about healthy and active living and has a positive impact on their own health and well-being.

The Physical Education curriculum at Garvestone Primary School, aims to provide for pupils' increasing self- confidence through an ability to manage themselves successfully in a variety of situations. Children will have the opportunity to take part in a wide range of sports and physical activities, carried out in a safe and supportive environment, where effort and hard-work, as well as success, is celebrated and enjoyment and working together is promoted.

Intent

Our Physical Education curriculum plan has been designed to ensure a sequence of physical activities and sports support children's personal development. The curriculum design takes into account a variety of personal development skills promoted through Physical Education, as well as linking in with building opportunities for the children to take part in sport competitively in the local area. The personal development skills that we promote at Garvestone Primary through Physical Education are; team work, concentration, determination, mentoring/support, having a go, leadership, engagement, helping others, competition, resilience. Through these personal development skills we equip children at Garvestone Primary School to be self-aware, understanding themselves, their body, their actions and how these impact others.

In order to deliver the aims of our curriculum, we ensure all pupils in EYFS, Key Stage One and Key Stage Two participate in two hours of Physical Education per week (EYFS also has planned continuous provision for physical development as well as planned input session). Physical Education at Garvestone Primary School is taught discreetly from topic to topic to allow the opportunities needed to develop the personal development skills so they are Key Stage ready and ambitious.

As well as planned curriculum Physical Education lessons, we also provide children at Garvestone Primary School other physical and sporting opportunities in extracurricular clubs to widen their horizons into physical activity in their community. These clubs are organised to ensure maximum engagement and support diverse aspects of life and promote an inclusive environment.

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Stage	Physical Outcomes	Personal Outcomes
EYFS	<i>Through play I will develop my understanding of what I can do with my body. I will replicate and perform large body movements.</i>	<i>Through PE I will learn to work on my own and with others, I will be creative, imaginative and develop my language and communication skills as well as key cognitive and meta cognitive skills.</i>
Key Stage 1	<i>Through structured play and PE I will develop problem solving skills through fundamental movement skills. I will learn to work in both cooperative and competitive challenges.</i>	<i>Through PE I will develop my understanding of playing with others, learning to demonstrate honesty and courage and playing with gratitude, empathy and fairness.</i>
Lower Key Stage 2	<i>Through PE I will continue to develop my fundamental sports skills I will learn to link skills to form movement patterns.</i>	<i>Through PE I will play with integrity and trust, learn to respect others and try to understand why things happened the way they did.</i>
Upper Key Stage 2	<i>Through PE I will continue to develop my fundamental sport skills and will apply them to specific sports and activities. I will be able to evaluate and improve performance.</i>	<i>Through PE I will develop my self-motivation and self-discipline and show that I am responsible. I will demonstrate my communication skills through encouraging others, making decision, being able to solve problems and be reflective.</i>

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PE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Ball Skills Teamwork Concentration Determination Having Go Engagement Resilience	Dance Teamwork Concentration Creativity Mentoring/Support Having Go Engagement Helping others	Gymnastics Teamwork Concentration Creativity Determination Mentoring/Support Having Go Engagement Helping others Resilience	Games Teamwork Concentration Determination Having Go Engagement Competition Resilience	Games Teamwork Concentration Determination Having Go Engagement Competition Resilience	Multi Skills Teamwork Concentration Determination Having Go Leadership Engagement Competition
	Fundamentals (continuous provision) Teamwork Concentration Creativity Determination Mentoring/Support Having Go Engagement Helping others Resilience	Fundamentals (continuous provision) Teamwork Concentration Creativity Determination Mentoring/Support Having Go Engagement Helping others Resilience	Fundamentals (continuous provision) Teamwork Concentration Creativity Determination Mentoring/Support Having Go Engagement Helping others Resilience	Fundamentals (continuous provision) Teamwork Concentration Creativity Determination Mentoring/Support Having Go Engagement Helping others Resilience	Fundamentals (continuous provision) Teamwork Concentration Creativity Determination Mentoring/Support Having Go Engagement Helping others Resilience	Fundamentals (continuous provision) Teamwork Concentration Creativity Determination Mentoring/Support Having Go Engagement Helping others Resilience
KS1	Team Building Teamwork Concentration Determination Having Go Engagement Competition Resilience	Gymnastics Teamwork Concentration Creativity Determination Mentoring/Support Having Go Engagement Helping others Resilience	Ball Skills Teamwork Concentration Determination Having Go Engagement Resilience	Sending & receiving Teamwork Concentration Mentoring/Support Having Go Engagement Helping others Resilience	Athletics Teamwork Concentration Determination Having Go Engagement Competition Resilience	Invasion Teamwork Concentration Determination Mentoring/Support Having Go Leadership Engagement Competition Resilience
	Fundamentals Teamwork Concentration Creativity Determination Mentoring/Support Having Go Engagement Helping others Resilience	Fitness Concentration Determination Mentoring/Support Having Go Engagement Helping others Competition Resilience	Dance Teamwork Concentration Creativity Mentoring/Support Having Go Engagement Helping others	Swimming Concentration Determination Mentoring/Support Having Go Engagement Resilience	Swimming Concentration Determination Mentoring/Support Having Go Engagement Resilience	Striking and fielding Teamwork Concentration Determination Mentoring/Support Having Go Leadership Engagement

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						Competition Resilience
Y3/4	Tag Rugby Teamwork Concentration Determination Having Go Leadership Engagement Competition Resilience	Hockey Teamwork Concentration Determination Having Go Leadership Engagement Competition Resilience	Gymnastics Teamwork Concentration Creativity Determination Mentoring/Support Having Go Engagement Helping others Resilience	Ball skills Teamwork Concentration Determination Having Go Leadership Engagement Competition	Scatterball Teamwork Concentration Determination Having Go Leadership Engagement Competition Resilience	Athletics Teamwork Concentration Determination Having Go Engagement Competition Resilience
	Gym/Fitness Concentration Determination Mentoring/Support Having Go Leadership Engagement Helping others Competition Resilience	Swimming Concentration Determination Mentoring/Support Having Go Engagement Resilience	Swimming Concentration Determination Mentoring/Support Having Go Engagement Resilience	Netball Teamwork Concentration Determination Having Go Leadership Engagement Competition Resilience	Tennis Teamwork Concentration Determination Having Go Leadership Engagement Competition Resilience	Cricket Teamwork Concentration Determination Having Go Leadership Engagement Competition Resilience
Y5/6	Hockey Teamwork Concentration Determination Having Go Leadership Engagement Competition Resilience	Football Teamwork Concentration Determination Having Go Leadership Engagement Competition Resilience	Basketball Teamwork Concentration Determination Having Go Leadership Engagement Competition Resilience	Goalball Teamwork Concentration Determination Having Go Leadership Engagement Competition Resilience	Cricket Teamwork Concentration Determination Having Go Leadership Engagement Competition Resilience	Rounders Teamwork Concentration Determination Having Go Leadership Engagement Competition Resilience
	Gym/Fitness Concentration Determination Mentoring/Support Having Go Leadership Engagement Helping others Competition Resilience	Tag Rugby Teamwork Concentration Determination Having Go Leadership Engagement Competition Resilience	Gymnastics Teamwork Concentration Creativity Determination Mentoring/Support Having Go Engagement Helping others Resilience	Dance Teamwork Concentration Creativity Mentoring/Support Having Go Engagement Helping others	Swimming Concentration Determination Mentoring/Support Having Go Engagement Resilience	Swimming Concentration Determination Mentoring/Support Having Go Engagement Resilience

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Planning and Preparation

At Garvestone Primary School we use Real PE for our planning and preparation. Using this ensures that children are given a wealth of opportunities to develop their physical movement skills as well as achieving whole child objectives. Each lesson plan has progressive activities that are designed to inspire and engage children. The clear key success criteria provides clear information to assist the children develop their skill level and support the teacher with their subject knowledge. All planning provided takes into account differentiation through simple adaptations.